

REJOICE  
HEALTH  
FOUNDATION



REJOICE  
HEALTH

"Our Aim Medicine Free Health"

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- **“Heath is the greatest of human blessings”** says Hippocrates.
  - **Rejoice Health Foundation** as the name says aims at bringing joy and health through its various programs by propagating healthcare, wellness, preventive medicine and nutrition education.
  - In today’s scenario where world is flooded with zillion of communicable and non-communicable diseases, it is RHF which is driven by the phrase **“Service before Self”** and is untiringly working to create awareness and knowledge in the community about health.



# Rejoice National and International alliance....

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- Amity University
- S. D. Public School Pitampura
- S.H.E. Society Punjab
- Rejoice Health Foundation –Japan
- Rejoice Health Foundation-UAE
- Hungarian Integrative Homeopathic association
- United Nations for SDG Jointly with Amity University.
- Sanskrit Mahavidayala Delhi.
- Health Concept Mumbai
- -Saraswati Bal Mandir School, Rajouri garden

# RHF Global...



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- RHF has *it's extensions in Japan, UAE and Hungary*. It promises to organize multicultural programs and conferences in different parts of world connecting the members of RHF.
- RHF will be conducting research oriented disease awareness **projects with Governmental organizations.**
- RHF will be the building block connecting community, doctors, like minded scientists, innovators and students by imparting extensive knowledge, developing skill and enhancing curiosity to carry out researches.
- RHF is a goal oriented organization which clearly **follows United Nation 17 sustainable development goals.**

# United Nations Sustainable Development Goals



- The sustainable development goals (SDGs) are a collection of 17 global goals set by the [United Nations General Assembly](#) in 2015 for the year 2030. The SDGs are part of [Resolution 70/1](#) of the United Nations General Assembly, the 2030 Agenda
- RHF's mission to follow United Nation Sustainable Development Goals:
- Good health and well-being for people
- *"Ensure healthy lives and promote well-being for all at all ages."*
- Clean water and sanitation
- *"Ensure availability and sustainable management of water and sanitation for all"*



# Inauguration of RHF Global Summit on Innovations

We plan to organize multiple conferences in different institutions, colleges & universities to bring under one roof all intellectuals, share knowledge with each other, motivate young talent & work for research oriented projects.

# AMITY CONFERENCE CUM CME

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- Rejoice Health Foundation is continuously enhancing various domains of health and wellness for the individual and generating essential awareness and knowledge among people to reinforce the significance of fitness, yoga and clean nutrition as a way of life.
- A conference cum CME was presided by Dr. W. Selvamurthy (President, Amity Science Technology & Innovation foundation & Director General, Amity Directorate Science and Innovation), Dr. Lalit Bhardwaj (Director General, **Amity** Science, Technology & Innovation Foundation & **Amity** Directorate of Science & Innovation) , Dr. B.C. Das (Chairman & Hargobind Khorana Chair Professor Of Amity Institute Of Molecular Medicine & Stem Cell Research ), Dr. Naval Kumar Verma ( M.D (Hom), hon advisor to MOS (I/C), MINISTRY OF AYUSH & president of rejoice health foundation, India), Dr. Anil Khurana (Director General of CCRH), Ms. Hisato Kohyama (President, Rejoice Health Foundation, Japan).

This conference was attended by more than 300 delegates which includes homoeopathic researchers, scientist from Allied Sciences, Homoeopathic dignitaries as well as representative of various homoeopathic associations.

**Dr. Sanjay Sehgal** ,MD (HOM) gave session on 'Mind over matter A Holistic approach to cure the patient'.

**Dr. Nilanjana Basu** Presented her research paper on "Ultra high diluted arsenic trioxide displays no cytotoxicity towards normal breast epithelial cells".







# Rejoice and S.H.E. society Joint Campaign....

Rejoice health foundation aims to propagate healthcare, wellness and spreading menstrual hygiene awareness through its various programs.

In rural areas, there is a lack of awareness about menstrual health and hygiene. Living in a culture of shame and silence, they end up using poor substitutes like rags. RHF initiated significant step towards menstrual hygiene.

## Meet Jeevan Jyoti, city's Padwoman

**DIVYA SHARMA**  
TRIBUNE NEWS SERVICE

**AMRITSAR, JANUARY 29**  
Meet Jeevan Jyoti, the holy city's Padwoman, who is creating awareness among women about the harmful effects of the sanitary pads made of plastic. She is the chairperson of the S.H.E Society which provides reusable sanitary pads to women.

It all started a year ago, when as part of a humanitarian work carried out by her society, she came across women living in slums using unhygienic and harmful methods during their menstrual days. The thought of possible adverse repercussions on their health gave birth to her initiative, EcoShe project. Through her project, she is providing ECOShe Saafkin pads made from living guard technology.

Jyoti has tied up with a Swiss-based company to provide her these reusable pads. She is distributing them to women free of cost through a self-financed model created

by her. She is also visiting various government and private schools, slum areas and rural areas to promote the idea of eco-friendly EcoShe-Saafkin pads. During her visits, she also educates women about alternative methods such as tampons, menstrual cups and cotton cloths.

"The ones which are available in markets are made of plastic which is hygienically dangerous in long run. I also have a team of doctors with me vouching for the same. Moreover, there is no commercial motive behind this step, it is just to ensure that women are adopting correct methods," said Jyoti, a post graduate in English and a mother of two.

"We are a self-financed group. I have about 50 brand ambassadors worldwide. We can finance the requirement of sanitary pads. For instance, one just needs to pay Rs 200 to finance a single girl for a year. Rest there are many people helping us," she added.

CONTINUED ON PAGE 2

**AMRITSAR Tribune** Tue, 30 Jan 2016  
epaper.tri



Jeevan Jyoti shows sanitary pads to students which her NGO has been providing to the needy in Amritsar. PHOTO: VISHAL KUMAR

FROM PAGE 1

"These permanent disinfected sanitary pads have to be washed by soap and can be worn without undergarments. I happen to visit a few parts of India where women still don't have access to undergarments. These can be worn as adjustable elastic is attached to these pads," said Jyoti.

She came across women using sand stuffed in piece of cloth, cotton balls among others during their menstrual period. At present, this padwoman of Amritsar wants more and more people to take the issue seriously, she is visiting schools, meeting young girls, mothers and informing them about the

“The sanitary pads available in the market are made of plastic which is a health hazard in the long run. Our disinfected sanitary pads have to be washed with soap and can be worn without undergarments. I happened to visit some parts of India where women still don't have access to undergarments.”

**JEEVAN JYOTI,**  
chairperson, S.H.E Society

harmful affects of Sanitary pads made of plastic.

**AMRITSAR Tribune** Tue, 30 Jan 2016  
epaper.tri

## Social Impact of RHF with S.H.E Society

RHF Punjab state President Ms. JEEVAN JYOT KAUR is president of S.H.E. society & Dr. Naval Kumar Verma is Vice President of the society.

Free sanitary napkins were distributed to girls living in rural areas, girls from weaker section of society, mothers and girls studying in government schools who cannot afford napkins or are not aware of using one. Under this campaign our volunteers visited rural area/slum area/ Govt. School and villages for creating awareness among adolescent girls and women about the significance of using sanitary napkins.

Also with this initiative, state government has introduced eco-friendly sanitary pads for women prisoners across the state.

# Amritsar activist launches 'EcoShe', a cloth-pad reform

HT Correspondent

• lettershd@indianexpress.com

**AMRITSAR:** In an attempt to transform lives of women and provide education in menstrual health, a city-based activist launched project 'EcoShe' here on Friday.

The NGO S.H.E Society head Jeevan Jyoti, launched cloth pads, and said the aim is to transform lives of women.

"We have started from Amritsar and will move towards nearby rural areas and further to other cities of Punjab," Jyoti said at a press conference here.

She added: "This initiative is by a woman and for women. Our cloth pads are produced by a women's group in India and exported across the globe to provide an opportunity for women

from underprivileged sector to earn their livelihood. 50 women help me promote this initiative and educate women from various sections of the society."

### THE MOTIVE

The activist said the project is aimed to bring a cloth pad revolution. "In less than two hours of the EcoShe Menstrual Health Education programme, females will be trained by facilitators on how to use cloth pads," Jyoti said.

She said the team will reach out to educational institutions and villages to educate underprivileged and rural women. "These pads will be available at ₹100 to ₹230 and for women of the BPL category will be given compensation," she added.

Jyoti, who is also Peoples

Forum For Justice president said, "There are 10 types of pads available as per the requirement and specification."

### ABOUT THE PRODUCT

Speaking about the product, Jyoti claimed that the pads will be made of cotton flannel and ultra-absorbent, unbleached cotton flannel layers inside. "They are leak-proof, washable and cost effective as they can last up to three years," she said.

"These pads will be eco-friendly and healthy as there is no risk of contracting infection," she said, and added the project will empower women as it will give livelihood, education and dignity. A campaign was initiated lately to educate 200 women about prevailing taboos," she added.





# Social cause with high impact on females...

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- “Our motto is to offer a healthy alternative under our project. These pads have been tested and certified by laboratories across the world with 85 per cent **biodegradable and nontoxic skin contact**. We create awareness about the harmful implications of the disposable sanitary pads which is non-biodegradable with 90 per cent plastic that takes 500-800 years to decompose,”
- The credit goes to ‘**EcoShe Menstrual Health Programme**’ which was introduced in 13 jails of the state. It will benefit at least 1,213 women inmates of jails in Amritsar, Kapurthala, Hoshiarpur, Faridkot, Ludhiana, Ferozepur, Gurdaspur, Bathinda, Patiala, Sangrur, Ropar, Nabha and Mansa. Working to take this ‘EcoShe Menstrual Health Programme’ on a much wider scale.
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# RHF international experience on specially abled children treatment...

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Our President Dr. Naval Kumar Verma was instrumental in setting up TREATMENT PROTOCOLS IN Autism Centre in UAE, ***Lotus Holistic Center***, is a unique **holistic medicine center** located in Khalifa City A, Abu Dhabi

We have a diverse group of doctors and adjunct staff from all over the world bringing with them vast experience and expertise in their respective fields. This center is comprised of best Holistic healthcare treatments and **concept is holistic, drugless health care with top notch doctors as well as modern equipment.**

The treatments are based on holistic and non-invasive therapies. It facilitate self-care and awareness in our patients.

Lotus Centre do regular conferences and workshops in Abu Dhabi to educate about the disease awareness, different Holistic therapies, Diet, Yoga & life style change.





# HOMOEOPATHY & AUTISM CONFERENCE: ABU DHABI

- Objective of the conference was to Visualize autism in a multidimensional areas of biological, Psychological, Behavioral and social aspects.
- Describe different approaches to defining, observing, and documenting autistic behavior in UAE children.
- Defining new holistic Homeopathic healing intervention in treatment of this disorder .
- To Create awareness about diagnosing autism in early childhood .
- Discuss Preventive aspects of autism in UAE. Explain how clinically significant cases varies in different approaches for clinical intervention



عاشوراء  
YEAR OF  
GIVING  
2017

Lotus Holistic Institute

**Lotus Presents**

**In Collaboration with  
Tunisian Society Of Homeopathy**

**The 7th Complementary,  
Alternative medicine Conference**

**Homeopathy & Autism Conference  
April 02, 2017**

Social Responsibility.. Volunteering.  
Serving the Nation..  
YEAR OF  
GIVING  
2017

Rotana Beach Hotel - Al Thuraya hall - Abu Dhabi

ACCREDITED BY HAAD CME/CPD SECTION  
6 HOURS IN THE CATEGORY 1 ACCREDITATION NO : LHIPS&CI/5/8027/2017  
<http://www.lotusholistic.ae/events-registrations>




# SPECIAL NEED AND REHABILITATION CENTRE

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- Rejoice health foundation has recently launched the project of opening special need and rehabilitation center's globally with the vision of working for the needs of SPECIALLY ABLED children. Our mission is to enhance their lives today and accelerates the spectrum of future opportunities for tomorrow.
- With this we look forward to amplify understanding of autism spectrum disorder, ADHD, Down's Syndrome, Learning Disability, physical disabilities like blindness, polio disabilities, etc. with collaboration with schools, institutions, governmental organizations, government schools, special center's etc.





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We plan to provide in-house psychologist, homeopath doctor, special educators, occupational therapist and speech therapist to support the children with special needs. There will be customized IEP (Individualized Education Program) for each child. Continuous awareness programs and workshops will be conducted to sensitize teachers, support staff and other children of the school to accept and include children with special needs.



# OUR FIRST CENTRE: SD PUBLIC SCHOOL, Pitampura

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- We want to work extensively towards inclusion and integration of specially abled into society. It's our endeavor to start at school level and also provide a support system for CWSN (Children with Special Needs). A major challenge is sensitizing society and empowering the children with special needs. We want them to experience life to the fullest and create a sustainable model for their acceptance and integration into communities.
- We would like to bring about sustainable change in the community and society towards CWSN. We will work towards development of sustainable education institutions which will then help to mainstream these children to the best of their abilities and make them productive citizens of our society.
- More than 100 students will be taken care by RHF with occupational therapists, special educators, speech therapists etc. working dedicatedly for them in this center.



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- The school has a high rate of success in terms of inclusion and integration. We plan to parse this model to other schools and encourage successful inclusion of children with special needs in schools.



# Our President's Accomplishments

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Our president Dr. Naval Kumar Verma is Hon. Advisor to Honorable Shri Shripad Yesso Naik ,Union Minister of State (Independent Charge) in the Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy (AYUSH) and Minister of State for Defence.

He has given policy advice to AYUSH ministry on key health problems of India.

He has developed a unique health model for school Health scheme.

Instrumental in many ministry collaborations with industry Like Patanjali Group, Amity University, S.D.Public School for First AYUSH specially abled Centre etc.

He got appreciation letter from President Obama of USA for his Prostate Health guidelines.



RHF President with  
Honorable Mr. RAJNATH SINGH  
(Defence Minister Of India)

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# TOBACCO ERADICATION PROGRAM

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- With increasing respiratory diseases & cancers , it is need of the hour to educate population about harmful effects of tobacco. RHF organized a tobacco eradication program in a village and explained the villagers how fatal is tobacco. RHF looks forward to conduct many such programs imparting knowledge about harmful effects of tobacco.



# SCHOOL HEALTH PROGRAM

- Dr. Naval Kumar Verma has proposed a School health program to AYUSH Ministry to open more than 500 clinics in schools to launch school health programs for poor and unprivileged children.



# RHF IN JAPAN

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Dr. Hisato Kohyama is president of RHF Japan.

She has been spreading awareness about autism in JAPAN.

She is conducting camps & free OPD'S to give homoeopathic consultation .

She has been propagating use of homoeopathic remedies for respiratory troubles with change of season and also introduce vegetarian food good for lungs.

# RHF APPLICATION



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- RHF is coming soon with a **self help cum awareness application** which will have an access to population worldwide. With this app we will reach every household. This app will have check lists for early and easy diagnosis of conditions. Through this app we will reach masses and they can easily connect & **avail the services free of cost.**

# HEALTH AWARENESS PROGRAMS

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Today health is the center of every planning but it is unfortunate that not all sections of society have the privileged to reach out to primary health care facilities. It is the lack of awareness in the lower socio economic group which is the sole cause of many communicable and non communicable diseases prevalent in that section. With RHF we will connect people, villages, children, parents, aged etc. to **educate them of the importance of hygiene, timely availing healthcare facilities esp. in case of pregnant females & awareness about diseases, nutrition and fitness.**





# GLOBAL AWARENESS CAMPAIGN

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- RHF is dedicated to work in the direction of global awareness towards disease and health.
- With the same vision it has started it's **FIRST GLOBAL AWARENESS CAMPAIGN ON** creating awareness about conditions like **ADHD, AUTISM, LEARNING DISABILITY** etc.
- It will conduct its campaign worldwide with maximum inclusion of mass.
- It has many agendas in this campaign as discussed below:



**REJOICE  
HEALTH  
FOUNDATION**

FOR THE CREATIVE GIFTS  
OF GOD

Rejoice

- Make them safe
- Change the world

Health

- Heal the hate
- Equalise the opportunity

Foundation

- Float their world with love
- Opening the doors of our heart for them

I  MOM

RHF is unwrapping wonder and incredible beauty of each and every differently abled child. RHF is embracing the opportunity for children with specially challenges

Let's join hands for upliftment of 'I LOVE MOM' Campaign







**Dr Jayanti Pujari**  
**Prof. (Dr.) Jayanti Pujari,**  
**Dean, Faculty of Rehabilitation Sciences,**  
**Professor & Director,**  
**Amity Institute of Rehabilitation Sciences,**

## **OUR I LOVE MOM CAMPAIGN MENTOR**

- M.A.(Psychology)-  
1984,Sambalpur University,  
Orissa
- M.Ed(Special Education  
(M.R.))-2008,Osmania  
University
- Doctorate : Ph.D.-  
2010,Utkal University

# OBJECTIVES OF CAMPAIGN

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- ❑ To create awareness with the help of brochures, awareness kits and early screening kits.
- ❑ To launch an android and IOS based App which will make it easy to screen for disability at one's doorstep. Further, we will provide various consultations and therapy programs customized for the CSWN so that people in all areas can have access without distance acting as a hindrance. The Psychology Department of Amity University will be working with RHF to create this APP.
- ❑ To set up various Rehabilitation and Therapy centers all over the world aimed at providing world-class solutions to CWSN.
- ❑ To create Parent Support Networks in all places to pool together resources.
- ❑ Students will get opportunity to work with CWSN as part of our internship program in various centers.

# SAMAGAM- THE ABILITY-DIWALI MELA

- ▶ The grand alliance of Rejoice Health Foundation and Amity University, Noida - department of rehabilitation sciences. SAMAGAM- THE ABILITY MELA, first milestone at the launch of I LOVE MOM CAMPAIGN - A global awareness campaign for specially abled.
- ▶ Rejoice has setup stall for supporting specially abled.



# RHF participation in **PERFECT HEALTH MELA**

## *Main Fit To Hai India Fit: Join the Fit India-Fit Delhi movement*



26th Perfect Health mela was organised from 18th to 20th October, 2019 at Jawahar Lal Nehru stadium, Delhi by Heart Care Foundation of India in collaboration with Fit India and Govt of NCT of Delhi.



Homoeopathic doctors from RHF gave Homoeopathic consultation to the patients.. Our Doctors Dr Rohit bhandari, Dr Shweta singh and Dr Varsha guided the patients regarding the benefits of Homoeopathy, being the safest art of healing



Doctors from RHF such as Dr Naval, Dr Beenu, Dr Arti and other volunteers explained the utility of Homoeopathic medicines in various cases and how they can managed well with sole use of Homoeopathy.



The event ended up well with the validictory session where all contributing doctors were felicitated with certificate and souvenir..

# Global Commitments...

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- ❑ RHF and Amity University & other associated institutions, schools, organization's, societies will conduct programs, conferences and CME's to create awareness for the same.
- ❑ To launch awareness campaigns on radio, TV, Newspapers and social media platforms.
- ❑ RHF & Amity University jointly plan to extend and expand its association in conducting workshops, symposium, research programs in many countries, institutions and universities all over the world
- ❑ To bring together Heads and representatives of all the countries to work jointly for this noble cause.



# RHF COMMITTEES

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RHF has dedicated Committees to carry forward all activities and projects. Respective committees are responsible for all networking, awareness campaigns and bringing the above mentioned goals to fruition. RHF wants to bring about sustainable change in the community and society towards health, lifestyle, CWSN , nutrition & wellness .We will work towards UNITED NATION SUSTAINABLE DEVELOPMENT GOALS. There are teams for media, fund raising, international scientific committees, cultural event committees, awareness and campaign committee, research and development committee, program committee to carry all endeavors.



# Dr. W. Selvamurthy : OUR CHIEF PATRON

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Awarded the Degree of Doctor of Science (DSc) (Honoris Causa) in recognition of his eminent attainment in the field of science and his distinctive place in the scientific world by [Fakir Mohan University, Balasore](#) (2008).

- He was awarded another honorary degree of Doctor of Science (DSc) from [Bharathiar University, Coimbatore](#) (2009). Amity University (2011) and Karunya University (2011).
- POSITIONS IN VARIOUS SCIENTIFIC BODIES
  - President – Federation of Indian Physiological Societies
  - Vice President – Indian Association of Biomedical Scientists
  - Advisor to Executive Board of International Society of Biometeorology (ISB)
  - Consulting Editor – International Journal of Biometeorology IJPP, IJPAS, IJMR
  - Expert Member of WHO, a UNO body
  - International Society of Biometeorology (ISB) Representative in World Health Organisation
- Chairman/Expert Member of various National Scientific Committees of DST, ICMR, CSIR, DOD etc


# OUR TEAM

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- Dr. Preeti Verma (Founder RHF)
- Dr. Naval Kumar Verma (President RHF)
- Dr. Rohit Bhandari (Global Advisor RHF)
- Dr. Arti Goyal Gupta (Chief Coordinator RHF)
- Ms. Neha Verma ( Program Coordinator)
- Dr. Shweta Singh (Organizing Secretary)

***E-mail: [rejoicehealthindia@gmail.com](mailto:rejoicehealthindia@gmail.com)***





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**We look forward to a fruitful association, synergy and teamwork with you for all our future projects. We **THANK YOU!!** for your time and cooperation.**